

Your first attendance will be on:

Day: \_\_\_\_\_

Date: \_\_\_\_\_

Time: \_\_\_\_\_

Subsequent Visits:

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**PLEASE BRING WITH YOU:**

- **a list of your medications**
- **reading glasses**
- **walking aids you use**
- **hearing aids**

Please wear loose, comfortable clothing. A family member is encouraged to attend your first visit.

If you require further information please call 604-984-5915.

# Neurological Rehabilitation

## Outpatient Program

604-984-5915

For more copies, go online at <http://vch.eduhealth.ca> or email [phe@vch.ca](mailto:phe@vch.ca) and quote Catalogue No. **FM.300.N398**

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VCH Coastal Community of Care  
Urban/Rural/Remote Rehab Services

## Program

The Neurological Rehabilitation Outpatient Program offers short term rehabilitation. Our interdisciplinary team approach is designed for adults who have experienced neurological problems (e.g. strokes, multiple sclerosis, Parkinson's disease, brain injury, etc.).

## Program Goals

- To improve the physical, cognitive, communicative and social-emotional functioning of adults with neurological conditions, through individual and group treatment.
- To enhance the independent function of clients in their homes and community by providing therapeutic support to families and referral to community resources.

## Referral

A physician's referral is required. Referrals are accepted from either the hospital or the community, and are initiated through your physician.

## Team

The rehabilitation team includes:

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Occupational Therapist  
604 984-3740

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Physiotherapist  
604 984-5809 Extension 4994

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Registered Nurse  
604 984-5915

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Social Worker  
604 984-3742

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Speech-Language Pathologist  
604 984-5851

## Program Hours:

Appointments are generally scheduled:

Monday to Friday between 9:00 am and 3:00 pm.

The length of appointments varies depending on the number of team members seen.

Your first appointment is for assessment. We encourage you to bring a family member or close friend to this first meeting. The frequency of your attendance will be discussed after the assessment.

## Family Meetings

Family conferences will be arranged as required.

## Follow-Up

Follow-up sessions will be arranged as required.

## Location

We are located in the Rehabilitation Services Department at Lions Gate Hospital, near the 13th Street entrance.