# THE FIRST DENTAL VISIT



#### AN IMPORTANT MILESTONE IN CREATING YOUR BABY'S SMILE.

# Take your child for their first dental visit:



Within 6 months of your child's first tooth



At the latest, by your child's 1st birthday

#### Your child's first dental visit...



Gets your child comfortable with visiting a dental clinic



Helps prevent tooth decay and other dental problems

# Healthy baby (primary) teeth are important!



Healthy baby teeth lead to healthy adult teeth



A healthy smile is important for your child's overall health, self esteem and learning

### Your child's first dental visit includes:



A check of your child's teeth and gums



A review of your child's risk of tooth decay



Expert advice on dental products and how to care for your child's teeth



Fluoride varnish treatments

# To find a dental professional for your child's first dental visit, go to:

bcdental.org to find a private dental clinic near you or scan the QR code with your smart phone



OR

VCH's Dental Health Services website by scanning the QR code with your smart phone

• Offers oral screening for young children who are not able to go to a private dental clinic

