

Corneal Transplant Surgery

Post Operative Discharge Instructions

Patients Having Procedures that Require Sedation and/or Analgesia:

After sedation or analgesia medication, your mental and physical capacity maybe disturbed for several hours.

- A responsible adult should accompany you home and remain with you for the first 6 hours.
- **Do Not** do any activity which require coordination or important decision making such as driving a care, travel alone, sign important papers or operate machinery.
- **Do Not** drink alcohol, take recreational drugs, or sedating medications for 24 hours after procedure.

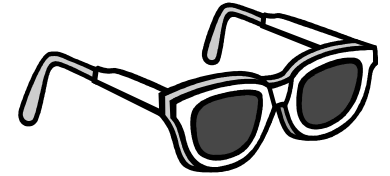
After Surgery

You will be discharged from the hospital after a short stay in the recovery area. You must have a responsible adult pick you up and drive you home after the operation. An examination at the surgeon's office will be scheduled for you, generally the following day.

Your follow-up appointment with your surgeon has been scheduled for:

Dressing/Patch

- Keep on until _____.
- Wear eyeglasses or a shield for protection until advised by your surgeon.



Diet

- You may resume your normal diet.

Activities

- You may resume normal daily activities, but avoid strenuous exercise or lifting over 10 lbs until further instructed by your surgeon.

General eye care

- Do not rub or press on the eye
- Avoid make-up, creams and lotions near your eye

Pain

- You may experience some eye discomfort after the surgery. Take any prescribed or over-the-counter pain medication as directed for relief.



Prescriptions

- Please take the medications as ordered by your surgeon

Instructions for administering eye medications (Drops or ointments)

- Wash your hands well.
- Sit down in a supportive chair with your medication beside you.
- Check the drops to make sure you have the correct medication. Remove the cap.
- Tilt your head back and pull your lower lid down to the cheekbone. Your lower lid will be cupped and ready for the drops.
- Try to avoid touching the tip of the bottle or tube on your eye or skin to prevent an infection from developing in your medication.
- Use your other hand to squeeze a drop or thin layer of ointment into the eye. Release the lower lid and gently close your eye for a few seconds.
- Gently blot excess drops with a clean cotton ball.





Call your surgeon immediately if any of the following symptoms occur:

- Persistent discomfort, unrelieved by pain medication
- Redness
- Light sensitivity
- Change in vision
- Fever over 38°C or 100.4°F.

An irregular curvature of the transplanted cornea (astigmatism) may slow the return of vision but also can be treated. Vision may continue to improve up to a year after surgery. Other existing eye conditions, such as macular degeneration, glaucoma or diabetic retinopathy, may limit vision after surgery.

Corneal transplant surgery would not be possible without the thousands of generous donors and their families who have donated corneal tissue that others may see, and as well without the existence of the Eye Bank of B.C.



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The Eye Bank of B.C. is a provincial non-profit organization responsible for providing eye tissues for transplantation, education and research. If you would like to make a financial contribution, you can donate through the VGH & UBC Hospital Foundation.

Please contact them at 604-875-4676. Your support would be greatly appreciated.

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