

Infant Resuscitation (CPR) Course

What is it?

The Infant Resuscitation (CPR) Course is a hands-on training session that teaches parents and caregivers how to know when an emergency is happening with your baby and what to do about it.

This course shows how to get your baby to breathe if he stops breathing, and give heart massage. Sometimes the course also teaches about other problems like choking or drowning.

This course sometimes goes by other names such as Baby Saver, Save that Child or Infant CPR.

Who teaches the course and where can I take it?

The Infant Resuscitation (CPR) Course is taught by the staff of St. John's Ambulance and/or other trained people.

The course is about four hours long and can be taken at local community centres.

For more information on when and where the Infant Resuscitation (CPR) Courses are being held, please contact:

- St. John's Ambulance
(Vancouver Branch) 604-321-2651
(North Vancouver) 604-990-1290
www.sja.ca/BC
- Local Community Health Centre

For more copies, go online at <http://vch.eduhealth.ca> or email pthem@vch.ca and quote Catalogue No. **EB.270.In3**

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