

How To Use Your Genuair Device

containing the following medication: _____



Genuair device
(exact colour will vary)

Why use this sheet?

This sheet contains important information to help you use the inhaler device properly. Keep it in a place where you can find it. This sheet also indicates how the inhaler will help you and reminds you of how many puffs to take and how often.

How using this inhaler will help me:

By taking my _____ I will:

- Reduce my chances of a COPD flare-up.
- Improve the symptoms that I have such as: _____

How many puffs do I need to take and how often:

My dosing regimen is: _____ puffs ONCE daily Date: _____

How do I know when to get a new inhaler?

When you see a red band appear in the dose counter you are nearing your last dose. After your last dose the coloured button will stay in the locked position and a zero highlighted in red will appear. Take empty inhaler to your Pharmacy for recycling.

See over for step by step instructions

Inhaler Administration Steps

Prepare the device

1. Remove the protective cap (lightly squeeze the sides of cap to remove).
2. Hold with the coloured button facing straight up.
3. Press the coloured button all the way down **ONCE** and release (don't leave your finger there as it will stop the colour window changing to **RED**).
4. Check that the colour window is **GREEN**. Green means device is ready to deliver a dose.

Get ready to inhale

5. Breathe out, as fully as possible so your lungs are empty, away from the inhaler.
6. Place the mouthpiece in your mouth, between your teeth, and close your lips around it to make a good seal. Inhale strongly and deeply through the mouthpiece.
7. While you breathe in, you will hear a “CLICK” which means you are using the inhaler correctly, continue breathing in for a full breath after you hear this click.
8. Hold your breath for 5 to 10 seconds.
9. Breathe out away from the inhaler.

How to know that a dose was delivered?

10. Make sure the colour window has turned to **RED**. This means you have inhaled your dose correctly. If the window has not turned **RED** repeat steps 5-9.

If you have any questions about how to use this, take your device and ask your local community pharmacist to check your technique.
You can also watch videos at www.lung.ca

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