



How you want to be treated.

ELDER CARE

Geriatric Outpatient Clinic

St. Paul's Hospital
604-806-9827

Mount Saint Joseph Hospital
604-877-8371

Hours of operation:
Monday to Friday
8:30 a.m. to 4:30 p.m.

What is Geriatrics?

Geriatrics is an area of medicine that focuses on the care of older adults aged 65 and over.

What does the Geriatric Outpatient Clinic do?

At the Geriatric Outpatient Clinic, we complete detailed assessments and provide treatment options for issues such as:

- complex or multiple medical conditions
- memory and cognition conditions (such as mild cognitive impairment and dementia)
- mobility and balance
- managing medication
- depression
- planning for the future (key legal documents and how to share your health care wishes)
- nutrition
- bowel and bladder control (continence)

Your team may include:

- geriatric medicine doctors (geriatricians)
- geriatric psychiatrists
- physiotherapists
- occupational therapists
- social workers
- continence nurses
- psychiatric nurses
- dieticians

Getting ready for your first visit:

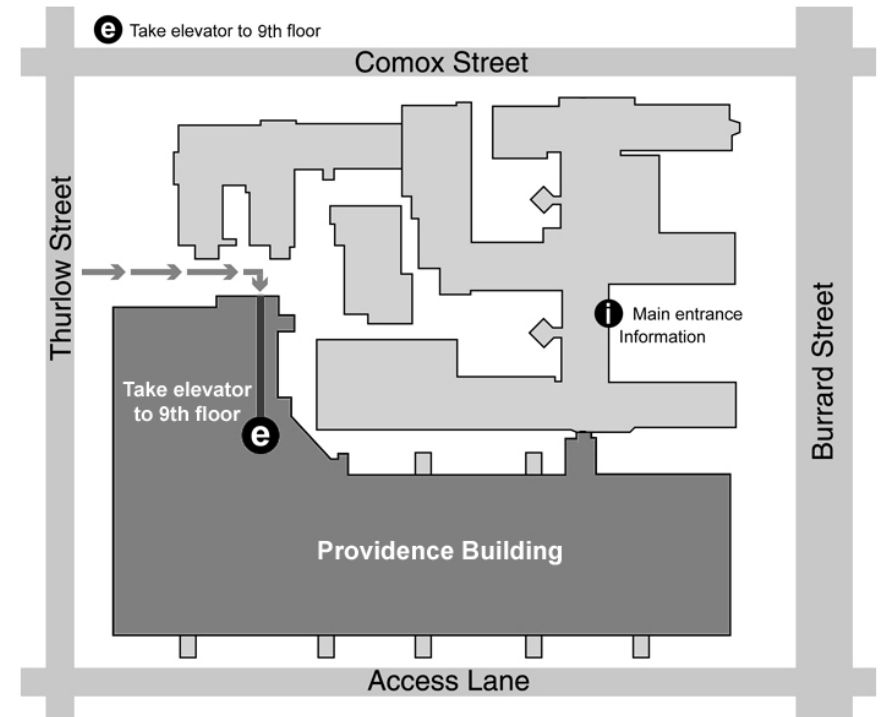
- Your first visit may take up to 2 hours.
- Interpreters are available. Please call us as soon as possible if you would like an interpreter for your appointment.

What to bring to your first visit:

- Your CareCard.
- All the medications you are taking, or a list of your medications.
- Hearing aids or reading glasses, if you use them.
- Any mobility aids you need.
- A family member or friend, if you want. This person may help you remember information and ask questions.

After your appointment:

- we may ask you to complete other medical tests, such as blood work, X-rays or CT scans
- we may ask you to book appointments for follow up or to see other members of our team
- we will send a report of our assessment to your family doctor.



St. Paul's Hospital 604-806-9827

9B, Providence Bldg., 1081 Burrard Street,
Vancouver, B.C., V6Z 1Y6

Monday to Friday 8:30 a.m. to 4:30 p.m.

The clinic is on the 9th floor. Use the large group of elevators closest to the Thurlow Street entrance in the Providence Building.

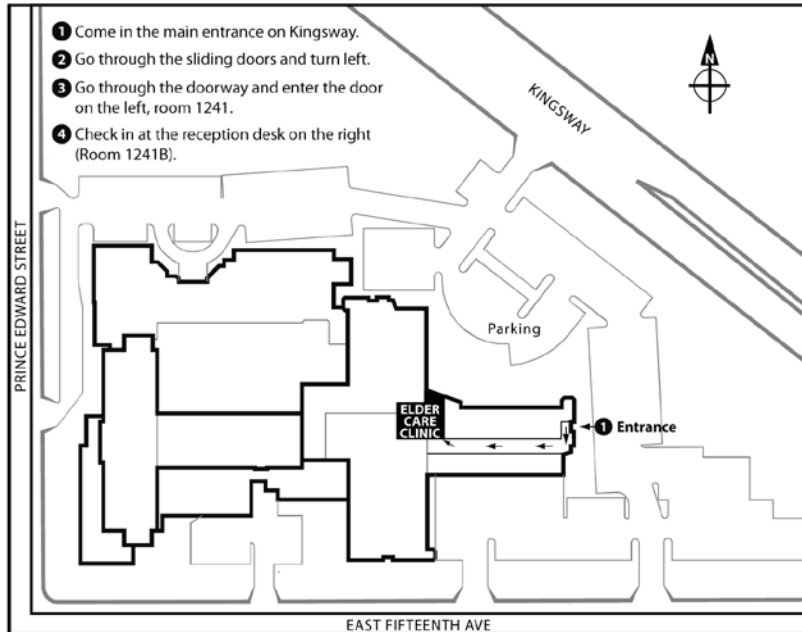
Need to cancel or change your appointment?

Please call the clinic *at least 48 hours* before your appointment.

St. Paul's Hospital: 604-806-9827

Mount St. Joseph Hospital: 604-877-8371

Elder Care Clinic at Mount Saint Joseph Hospital



Mount Saint Joseph Hospital

604-877-8371

Kingsway Entrance, 3080 Prince Edward St.,
Vancouver, B.C., V5T 3N4

Monday to Friday 8:30 a.m. to 4:30 p.m.

Referrals:

Your family doctor and hospital-based doctors can give you a referral to see a geriatrician or a geriatric psychiatrist at our clinic. Any health care provider (such as a nurse, social worker, physiotherapist or occupational therapist) can give you a referral to other members of the team.

If you are interested in our services, please call us or talk to your family doctor.

This material has been reviewed and approved by patients, families and staff.



How you want to be treated.

www.providencehealthcare.org