

# Cardiac Pre-Admission Clinic (PAC) Appointment

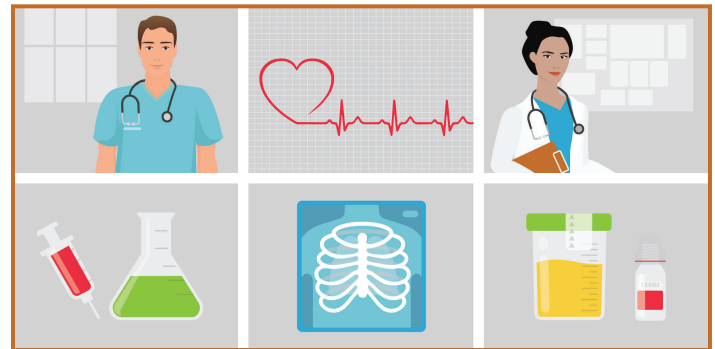
## WHY you need a Pre-Admission Clinic (PAC) appointment

- To prepare you for your upcoming heart surgery or procedure.
- To talk about what you need to know before, during, and after your heart operation or procedure.
- To go over your past medical history, medications, and allergies. To answer any questions you may have.

## WHAT will happen during your 3 hour PAC appointment

### You will:

- See a Cardiac Nurse.
- See the Anaesthesiologist.
- Have an ECG test.
- Have blood work (no need for fasting).
- Provide a small urine sample (10mL) for Urinalysis.
- Have a Chest X-ray.



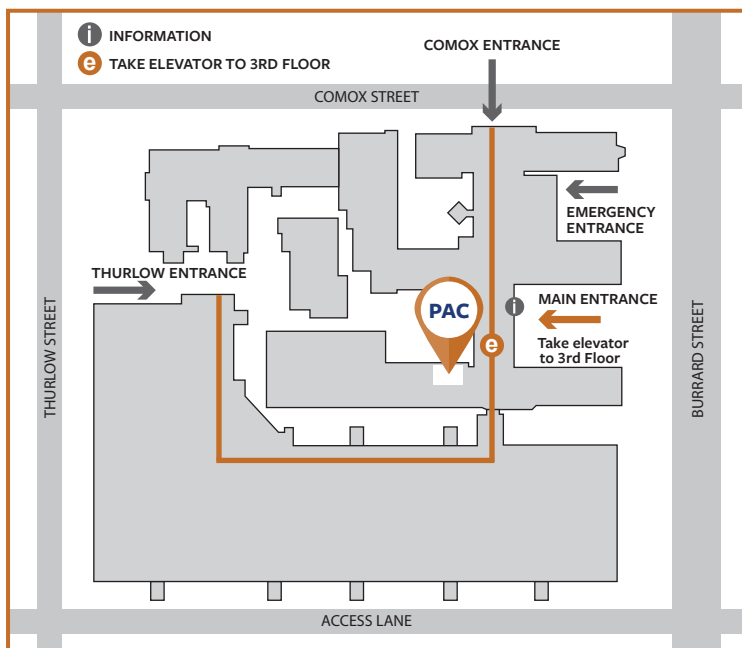
## HOW to prepare for your PAC appointment

- Allow approximately 30 minutes for parking, finding the clinic, and registration.
- **Registration** will be done in the Pre-Admission Clinic (PAC).
- If you do not speak English, an **interpreter** can be arranged at no cost to you. Sign language interpreters are also available. Please let the Booking Clerk know if you need one.
- Take your regular medications unless your Surgeon had already advised you to stop certain medications in preparation for your surgery. Eat your meals as usual – **NO FASTING** needed for this visit.
- SPH is a **scent-free environment** so please do not wear any scented products.
- Dress comfortably and wear short sleeves or a loose top to allow easy access to your chest for the ECG test, blood pressure measurement and blood work.
- Do not fully empty your bladder before your PAC appointment; **we need a small amount of urine** for testing.
- If you are having **Open Heart Surgery (OHS)**, please **WATCH** the Pre-op Heart Surgery video and **READ** the Heart Surgery Manual online from the following link: [www.heartcentre.ca/services/heart-surgery](http://www.heartcentre.ca/services/heart-surgery)

## WHAT to BRING with you to your PAC appointment

- ❑ **ALL** your prescription and over-the counter (OTC) medications in their original bottles and/or blister pack. This includes medications you take daily or when needed (for example, inhalers, eye drops, ointments). Also, bring any herbal supplements and vitamins that you are currently taking.
- ❑ Your BC Services Card and picture ID.
- ❑ The name and phone numbers of your family doctor, heart doctor or other specialist doctors and a copy of your Representation Agreement, Living Will or Advance Directive if you have such documents.
- ❑ Your hearing aids and reading glasses.
- ❑ Snacks especially if you're diabetic.
- ❑ You are welcome to bring **one** family member or friend with you.

**NOTE:** Your surgeon's office will let you know of your surgery date and time and **NOT** the PAC.



### Pre-Assessment Clinic Location

#### Please come to:

St. Paul's Hospital  
1081 Burrard Street, Vancouver  
Burrard Building, 3rd Floor

#### Pre-Assessment Clinic Hours

Monday-Friday 7:30 am - 4:00 pm

**Telephone:** (604) 682-2344 Extension: 68622

**PAC Booking Office:** (604) 806-8677

**Website:** [www.providencehealthcare.org](http://www.providencehealthcare.org)



### Parking Locations in and around St. Paul's Hospital (1081 Burrard St.)

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| <p><b>1. St. Paul's Hospital</b><br/>1081 Burrard St.</p> <p><b>2. Corner of Comox &amp; Thurlow Sts.</b></p> <p><b>3. Century Plaza Hotel</b><br/>1051 Burrard St.<br/>(enter from Comox St.)</p> <p><b>4. Impark</b><br/>1160 Burrard St.</p> <p><b>5. Nelson Square</b><br/>808 Nelson St.</p> | <p><b>6. Wall Centre Hotel</b><br/>1040 Burrard St.<br/>(enter from Hornby St.)</p> <p><b>7. Advanced Parking</b><br/>1237 Davie St.</p> <p><b>8. Impark</b><br/>1123 Davie St.</p> <p><b>9. The Burrard Hotel</b><br/>1100 Burrard St.</p> <p><b>10. Impark</b><br/>1125 Burrard St.</p> |
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