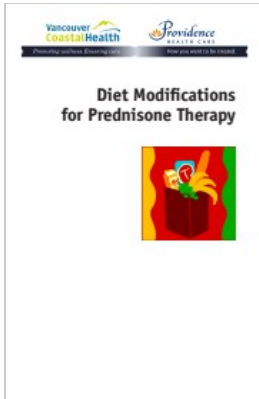




Patient Health Education Materials

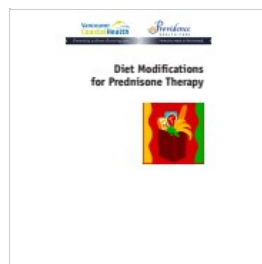


Eating Guidelines for Oral Steroid Treatment

<https://phc.eduhealth.ca/en/permalink/phem1156>

Catalogue Number: EA.782.D566
Current Revision Date: March-01-2017
Language: English
Status: Available
Description: Information on Eating Guidelines for Oral Steroid Treatment
Format: Booklet
Topic: Procedures, Treatments & Tests
Healthy Living
Subject: Food & Nutrition
Nutrition
Keywords: side effects
protein
calcium
dietitian
muscle loss
Salt
Sodium
nutrition
foods
blood sugar
precautions
diets
Reading Level: 6
Date Issued: May-13-2006

Documents



EA.782.D566.pdf

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Healthy Eating for People with Diabetes and Kidney Disease (Non-Dialysis)

<https://phc.eduhealth.ca/en/permalink/phem2680>

Catalogue Number: FL.860.H43

Current Revision Date: April-30-2012

Date:

Language: English

Status: Pending or under revision

Description: Patient information on how to choose a balanced amount of carbohydrate (starches and sugars) for your diabetes and control the amount of protein, phosphorus, sodium and potassium suggested for your kidney disease.

Format: Booklet

Topic: Healthy Living

People with Chronic Diseases

Subject: Kidney Disease

Diabetes

Food & Nutrition

Keywords:

foods

nutrition

diets

meals

planning

snacks

dinner

breakfast

Lunch

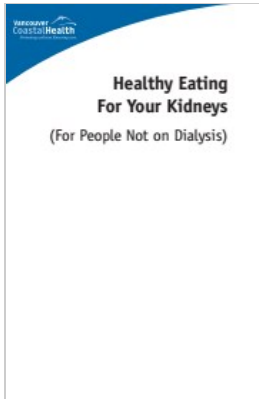
Sodium

phosphates

potassium

Reading Level: 6

Date Issued: April-03-2015



Healthy Eating for your Kidneys (For People Not on Dialysis)

<https://phc.eduhealth.ca/en/permalink/phem3026>

Catalogue Number: FL.860.H431

Current Revision March-04-2014

Date:

Language: English

Status: Available

Description: A booklet to help you make health food choices for your kidneys.

Format: Booklet

Topic: Symptoms, Diseases & Conditions

Healthy Living

Subject: Food & Nutrition

Kidney Disease

Keywords:

foods

diet

Sodium

protein

potassium

Salt

high blood pressure

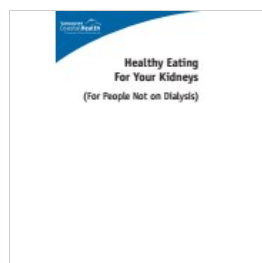
vitamins

minerals

Reading Level: 6

Date Issued: February-24-2014

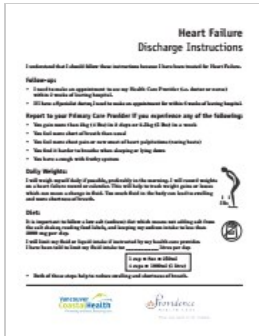
Documents



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Heart Failure: Discharge Instructions

<https://phc.eduhealth.ca/en/permalink/phem2389>

Catalogue Number: FD.780.H43

Current Revision Date: September-15-2016

Language: English

Status: Available

Description: Ongoing management and direction that you should follow after leaving the hospital having been treated for Heart Failure.

Format: Factsheet

Topic: Symptoms, Diseases & Conditions

Plan to Go Home from Hospital

Discharge Instructions

Subject: Heart Failure

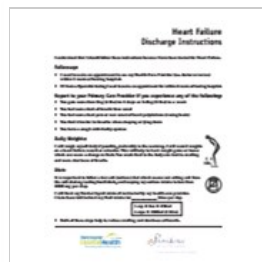
Keywords: congestion
weight control
diets
Sodium
fluids
activity
medications
aftercare

Reading Level: 7

Date Issued: April-12-2011

Legacy Numbers: FD.780.C761

Documents

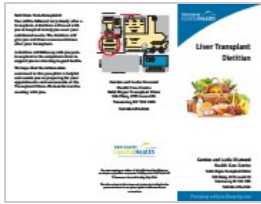


FD.780.H43.pdf

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Liver Pre-Transplant Dietitian



<https://phc.eduhealth.ca/en/permalink/phem3474>

Catalogue Number: FK.754.L582

Current Revision Date: July-18-2016

Date:

Language: English

Status: Available

Description: Patient information on the nutritional procedures they will be going through with their dietitian before and after a liver transplant.

Format: Brochure

Topic: Procedures, Treatments & Tests

Healthy Living

People with Chronic Diseases

Subject: Liver Transplantation

Food & Nutrition

Keywords: Nutrition Assessment

Disease

Nutrition Information

Nutrition Recommendations

Preparing

Food record

Nutritional Needs

medications

Healthy Diet

Low Sodium Diet

Low Salt Diet

diet

protein

pre-surgery

Post-surgery

Reading Level: 8

Date Issued: June-24-2016

Related Records

Liver Pre-Transplant Dietitian - FK.754.L582

Liver Pre-Transplant Dietitian (Chinese) - FK.754.L582.CN

Liver Pre-Transplant Dietitian (Punjabi) - FK.754.L582.PU

Documents



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Liver Pre-Transplant Dietitian (Chinese)

<https://phc.eduhealth.ca/en/permalink/phem3534>

Catalogue Number: FK.754.L582.CN

Current Revision Date: November-14-2016

Language: Chinese Traditional

Status: Available

Description: Patient information in Chinese on the nutritional procedures they will be going through with their dietitian before and after a liver transplant.

Format: Brochure

Topic: Procedures, Treatments & Tests

Healthy Living

People with Chronic Diseases

Subject: Food & Nutrition

Liver Transplantation

Keywords: Nutrition Assessment

Disease

Nutrition Information

Nutrition Recommendations

Preparing

Food record

Nutritional Needs

medications

Healthy Diet

Low Sodium Diet

Low Salt Diet

diet

protein

pre-surgery

Post-surgery

Reading Level: 8

Date Issued: June-24-2016

Related Records

Liver Pre-Transplant Dietitian - FK.754.L582

Liver Pre-Transplant Dietitian (Chinese) - FK.754.L582.CN

Liver Pre-Transplant Dietitian (Punjabi) - FK.754.L582.PU

Documents



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Liver Pre-Transplant Dietitian (Punjabi)

<https://phc.eduhealth.ca/en/permalink/phem3549>

Catalogue Number: FK.754.L582.PU

Current Revision January-09-2017

Date:

Language: Punjabi

Status: Available

Description: Patient information in Punjabi on the nutritional procedures they will be going through with their dietician before and after a liver transplant.

Format: Brochure

Topic: Procedures, Treatments & Tests

Healthy Living

People with Chronic Diseases

Subject: Liver Transplantation

Food & Nutrition

Keywords: Nutrition Assessment
Disease
Nutrition Information
Nutrition Recommendations
Preparing
Food record
Nutritional Needs
medications
Healthy Diet
Low Sodium Diet
Low Salt Diet
diet
protein
pre-surgery
Post-surgery

Reading Level: 8

Date Issued: January-09-2017

Related Records

Liver Pre-Transplant Dietitian - FK.754.L582
Liver Pre-Transplant Dietitian (Chinese) - FK.754.L582.CN
Liver Pre-Transplant Dietitian (Punjabi) - FK.754.L582.PU

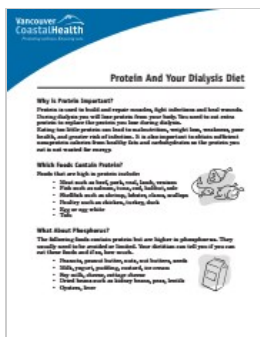
Documents



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Protein And Your Dialysis Diet

<https://phc.eduhealth.ca/en/permalink/phem1782>

Catalogue Number: FP.463.P77

Current Revision Date: October-25-2017

Language: English

Status: Available

Description: Information on the importance of protein in a diet for those on dialysis

Format: Factsheet

Topic: Healthy Living

Subject: Food & Nutrition

Kidneys and Urinary System

Keywords: Dialysis

diets

foods

protein

Sodium

information

renal

Reading Level: 6

Date Issued: June-06-2008

Documents



FP.463.P77.pdf

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Resources for People with Heart Failure

<https://phc.eduhealth.ca/en/permalink/phem2390>

Catalogue Number: FD.780.R47

Current Revision September-15-2016

Date:

Language: English

Status: Available

Description: Resources for people with heart failure.

Format: Factsheet

Topic: Symptoms, Diseases & Conditions
Services & Resources

Subject: Heart Failure

Keywords: clinics
Groups
Sodium
Salt
weight control
Exercises
drinking
smoking
websites
community health services
guide
medications

Reading Level: 9

Date Issued: April-12-2014

Documents



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Sodium and Kidney Disease

<https://phc.eduhealth.ca/en/permalink/phem1695>

Catalogue Number: FP.325.S63

Current Revision Date: December-05-2019

Language: English

Status: Available

Description: Patient information on the relationship between kidney disease and sodium (salt).

Format: Factsheet

Topic: Healthy Living
Symptoms, Diseases & Conditions

Subject: Food & Nutrition
Kidney Disease
Kidneys and Urinary System

Keywords: kidneys
kidney disease
Salt
Sodium
foods
recommendations
diets
patient information
renal

Reading Level: 6

Date Issued: February-17-2008

Documents



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