

Driving & Sleepiness

<https://phc.eduhealth.ca/en/permalink/phem425>

Catalogue Number: FM.900.D833

Current Revision May-28-2013

Date:

Language: English

Status: Pending or under revision

Description: Information about sleepiness and driving - and tips to avoid becoming sleepy at the wheel

Format: Booklet

Topic: People with Chronic Diseases

Healthy Living

Subject: Safety Issues

Sleep Disorders

Keywords: safety

fatigue

sleep disorder

drive

car

Accidents

Reading Level: 9

Date Issued: January-17-2001