



## Home Rehabilitation Program For Wrist Range Of Motion

<https://phc.eduhealth.ca/en/permalink/phem1785>

**Catalogue Number:** FB.835.H66

**Current Revision** February-23-2017

**Date:**

**Language:** English

**Status:** Available

**Description:** Exercises for the mobility of your wrist.

**Format:** Brochure

**Topic:** Healthy Living

**Subject:** Fitness & Exercise

Wrist Injuries and Disorders

**Keywords:** patient information

Home Exercise

Exercises

stretches

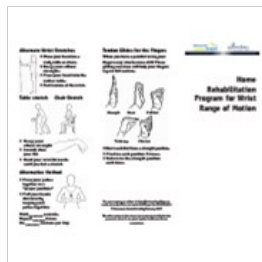
hand

**Reading Level:** 3

**Date Issued:** June-06-2008

**Legacy Numbers:** A.1342

### Documents



FB.835.H66.pdf

 Read PDF

 Download PDF