

After Pregnancy Loss

Richmond Resources



Making better
decisions together
with patients
and families

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The information in this document is intended solely for the
person to whom it was given by the health care team.
www.vch.ca

Your short stay in the hospital may be quite overwhelming. Every person's response to grief and the experience of loss is unique. Once you arrive home, you may have further questions. Please contact us any time if you would like to discuss anything further.

**Perinatal and Pediatric Social Worker:
604-278-9711, ext 4156, Monday to Friday**

If you need to speak with someone more urgently, you can call the emergency social worker at:

604-244-5138, 7 days per week, 8:00 am–8:00 pm

Counseling Services

Chimo Community Services 604-279-7077
www.chimoservices.com

Crisis Line 1-800-784-2433
24 hours a day, 7 days a week

Delta Assist Community Services
North Delta 604-594-3455
Ladner 604-946-9526
www.deltaassist.com

Living Through Loss Counseling 604-873-5013
www.livingthroughloss.ca

Richmond Family Services 604.874.2938, ext 119
www.fsgv.ca

Support Groups

Empty Cradle 604-525-5349
emptycradle.bc.ca
emptycradle@telus.net

Pregnancy Loss Support Group 604-875-3788
Bi-weekly meetings. Contact BC Women's Perinatal
Social Work

BC Bereavement Helpline 604-738-9950
Toll free at 1-877-779-2223

Provides compassionate listening and grief and
support referrals
Monday to Friday: 9:00 am–5:00pm
www.bcbh.ca

Recurrent Pregnancy Loss Program 604-875-3628
*Requires a referral from a physician. Please contact your
social worker to assist with this.

Reproductive Mental Health
*Requires a referral from a physician or Primary
Care Provider
Psychiatric consultation and short-term follow up is offered.

**Still Life Canada: stillbirth & neonatal death
education research and support society**
www.still-lifecanada.ca
getintouch@stilllifecanada.ca