

accessreferral@vch.ca

Your input is important to us. If you have any concerns or comments about this service, please email

ACCESS CENTRAL

detox services

Toll-Free

1-866-658-1221

9am - 9pm, 7 days a week

Easy one-line access to detox services in Vancouver:

- **Vancouver Detox** (residential)
- **Harbour Light** (residential)
- **Daytox** (Detox day program)
- **START** (community-based home withdrawal program)
- For access to **Youth Detox** or other youth services call **604 675-2455** and press **2**

Who can use ACCESS Central?

Adults 19+ years old living in Vancouver, Richmond, North Shore, and the Sunshine Coast who need help to manage withdrawal from alcohol or drug dependency.

How does ACCESS Central work?

The Access Referral Worker finds out what you need and helps you get into the appropriate Detox program.